

ALFAISAL WELLBEING OFFICE PRESENTS

BALANCING THE SCALES

Finding Harmony Between
Work and Life

EVENT DETAILS

Nov 4th 2025

12 PM - 01 PM

VENUE

CLASS M1.013

Dr. Rawan
Algasas

MASTERS IN COUNSELING PSYCHOLOGY
13+ YEARS EXPERIENCE

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**"IT'S NOT THE
LOAD THAT
BREAKS YOU
DOWN, IT'S THE
WAY YOU
CARRY IT"**

